

2016 Does and Don'ts for First Time Cookie Racers

- **Registration:**
 - You must register on www.Zone4.com by Monday February 22nd, 23:59 EST, at the latest. Registration is closed after that.
 - Do enter “Nakkertok Cookie” in the Zone4 search and that will take you quickly to the right green registration page.
 - Do use the “friends of Nakkertok” code to get a discount (code=3129)
 - Do use the zone4 link: “registration confirmation list” to see if your friends have already registered for this fun event. After you have registered, your child’s name will show up on the Zone 4 “registration confirmation list”.
 - Do use the nakkertok link: : www.nakkertok.ca/other-programs/events/nakkertok-junior-championships/ if you want to see the maps for courses that will be used for the various races.
- **One to two days before the event:**
 - Exact start times and assigned bib numbers will be posted for your child on Zone4 one or two days before the event.
- **The Day of the Event:**
 - Sunday, February 28th, at Nakkertok South
 - 10:00 Competitive Racing begins
 - 13:30 Recreational Racing begins
 - **You must pick up your child’s bib between 11:30 and 13:00.** Pickup is in the “blue room” above the “Barn”, behind the chalet. If you don’t know where that is, there will be signage. **Please pick up your bib on time. No child can race without a bib.**
 - If you haven’t already done so, do look for postings at the bib pickup area and at the results boards as to when your child’s race begins. 2010+ mass start races will begin at 13:30 PM followed by older skiers by year of birth. In all events girls and boys race separately
 - Do listen to the announcements over the loud speaker as to when your child should line up for their race. The call for lineup is typically 5 minutes prior to race start.
 - Do not walk across the course.
 - If you’re looking to have a ski prior to race start, the inner / outer pond and horseman’s pass loop will be open.
- **During the Race:**
 - Don’t worry about your 2010+ young child. They will be escorted by Racing Rabbits around the course.
 - **Please, walk in designated areas. Refrain from walking across the course**
- **After the Race:**
 - If your child raced in the mass start 2010+ they get to keep their bib.

- If your child is 2009 or older, do make sure you child has returned their bib and gotten their cookie medal.
- A limited number of gluten free, nut free medals will be available. Just ask a “Cookie Princess”
- Don’t look for posted Race results for 2010+. These are young children and for many a first introduction to racing. We want a positive experience for them.
- Do look for Race results for those 2009 and earlier. There will be an awards ceremony for the top 3 finishers in each category.
- **Above All:**
 - Do have fun. This as a fun experience racers, parents and organizers.