

# Weber Loppet and Mini-Loppet

Sunday, February 25, 2018



**Nakkertok Nordic**

**Cantley, QC**

**Classic-style 25 km or 12.5 km**

Celebrate the spirit of two of Nakkertok's founders, Hans and Meg Weber, by skiing with us in one of the region's premier backcountry loppets. Choose from two distances of classic-style loppets.

Open to Nakkertok members and non-members.



**New cancellation policy this year**

## Weber Loppet

Participants in the Weber Loppet will ski a continuous 25 km single-track trail that runs from Nakkertok Val des Monts to Nakkertok South along some of the region's best and most exciting trails. This backcountry trail is opened and track set specifically for this event. Maps of the north-south route can be found at <http://nakkertok.ca/trails-facilities/>.

This event is untimed and is suitable for **experienced and intermediate skiers**. We shuttle you from the parking lot at Nakkertok South (Cantley, Quebec) to Nakkertok Val des Monts (Quebec), and you ski from north to south, approximately 25 km. When you return to Nakkertok South, enjoy a delicious hot meal and delectable desserts.

While you are responsible for carrying your own water and food for the loppet, there is a mid-way check point where you can refill your water bottle with Gatorade. First aid will be provided on the trail by the Gatineau Zone members of the Canadian Ski Patrol. Skiers will also sweep the course.

**If you start, we expect you to finish the full 25km course unless an injury occurs. Please consider your experience and ability before entering the loppet.**

Intermediate skiers usually complete the 25 km loppet in under 4 hours.

## **Weber Mini-Loppet**

For a shorter untimed tour on trails groomed to perfection by the dedicated Nakkertok trails team, come ski the 12.5 km Weber Mini-Loppet.

The Mini-Loppet will start in the stadium area beside the Nakkertok South parking lot. There will be no refreshments on the trails, so please carry your own water and food. Members of the Canadian Ski Patrol will be on the trail to provide first aid.

## **Registration**

Both loppets only online at Zone4.ca.

Registration closes Wednesday, February 21, 2018 at 23:59.

Prices include shuttle bus fees, food, drinks and applicable taxes.

**NEW CANCELLATION POLICY THIS YEAR:** Due to the unique nature of this event, if weather or trail conditions prevent us from running the full loppet course, the whole event, including the mini-loppet, will be cancelled. In case of cancellation, Nakkertok will provide a refund to all participants of 75% of the fees paid, excluding Zone4 fees.

## **Registration Fees**

<b><i>Weber Loppet 25km</i></b>		<b><i>Weber Mini-Loppet 12.5km</i></b>	
15 years and younger	\$26	15 years and younger	\$15
Adult	\$40	Adult	\$23
Family (2 adults, up to 3 children)	\$115		
<b>Refunds on cancellation</b>			
<b><i>Weber Loppet 25km</i></b>		<b><i>Weber Mini-Loppet 12.5km</i></b>	
15 years and younger	\$19.50	15 years and younger	\$11.25
Adult	\$30	Adult	\$17.25
Family (2 adults, up to 3 children)	\$86.25		

For the Weber Loppet, all skiers 15 years and younger must be accompanied by an adult who has also registered to ski the same course. For the Mini-Loppet, all skiers 12 and under must be accompanied by an adult. For safety reasons for both loppets, skiers must have a partner or use the “buddy” system.

## Schedule

8:00 am	Weber loppet bib pick-up (25km participants only)	In the Barn on the upper floor in the Blue Room
9:00 am	Shuttle buses start leaving	Nakkertok South parking lot
9:00 am	Mini-loppet bib pick-up and check-in	In the Barn on the upper floor in the Blue Room
10:00 am	Start of 25km loppet	Nakkertok Val-des-Monts
10:00 am	Start of 12.5km mini-loppet	Nakkertok South stadium
1:00 pm	Cut-off time at midpoint of loppet	



When you return, enjoy an end-of-loppet feast! In order to minimize garbage, we ask that participants bring their own bowl, spoon and mug. Thanks.

## Check-out

You must check out with us near the Barn at Nakkertok South or we will be out on the trails looking for you! We also need your bib!

## Safety

The Gatineau Zone of the Canadian Ski Patrol has once again volunteered to make this a safe event for all. We couldn't run this loppet without them. Please say thanks when you see them on the trail. If you suspect that you might take a longer time to complete the event, please let us know at registration.

## Further Information

For directions to Nakkertok South and information about weather-related course changes, check back at the Weber Loppet page on the Nakkertok website (<http://nakkertok.ca/event/weber-loppet-2018>). If you have questions, contact Barbara Sharp at [weber.loppet@gmail.com](mailto:weber.loppet@gmail.com).

## Keys to a Successful Loppet

By being prepared, and adhering to a few tips, you can ensure a successful loppet experience.

- ✓ Know your abilities. If you have never skied 25km before, try out your backcountry legs in the Mini-Loppet this year and consider training for the 25km next year.
- ✓ Wear a small backpack to carry your extra clothes, fuel, a small repair kit and extra wax.
- ✓ Bring a few snacks and water or a sports drink to keep your energy up. Skiing is hard work and you should refuel before you are hungry and don't forget to drink frequently. You can refill your bottle at the midpoint.
- ✓ Wear layers and stay away from cotton. If you start to sweat, take off a layer. Bring an extra hat and gloves.
- ✓ *Ensure that you pass the midway point no later than 1pm.*
- ✓ If you want to experience the classic trails at Nakkertok VDM before the loppet, non-Nakkertok members can purchase a day Trail Pass at the Nakkertok VDM Clubhouse. Please sign and deposit your cheque or cash in the "cash box" outside the Clubhouse.

### Nakkertok Val des Monts only Day Fees

Adult: \$10

Children under 6: Free