Mud Monsters

Our fall dryland program for kids aged 4 to 12 years old is focused on games and activities promoting ski technique and fitness prior to the start of the on-snow Learn-to-Ski lessons. As well, we'll explore the Nakkertok trail system through the use of fun activities. This program is not a requirement for the Bunnyrabbit or Jackrabbit on-snow ski lessons.

This program is open to Nakkertok members only. You must register (as a member and for the program) for the current season. Please register for all programs, fall and winter, at the same time.

Who: 4 to 12 year olds

Where: Nakkertok South

Start/End Dates: the first weekend after Thanksgiving for 9 consecutive weeks (October to December)

Time: Sundays from 1:30 pm to 3:30 pm

Activities: bushwhacking, scavenger hunts, soccer, obstacle courses, games, games and more games, rock rambles, orienteering, hike and bonfire, etc.

Parental duties: get you child there on time, participate and support the activities and/or clear trail

Name and history of the program: This program, started in the fall of 2004 by Geoff Tomlinson, was originally called Jackrabbit Dryland. The children in the program, however, quickly renamed it the Mud Monsters – to reflect the outcome of each session and based on the extremely popular game Mud Monster tag in the sandpit!

For any questions relating to Mud Monsters, please contact us at <u>learn-to-ski@nakkertok.ca</u>.